



**ST. NICHOLAS
THE WONDERWORKER
СВ. МИКОЛАЯ
ЧУДОТВОРЦЯ**



Hall: 250.384.2255

Church: 250.384.2292

Emergency: 250.891.4507

www.stnicholasparish.org
st.nicholas.victoria@gmail.com
facebook.com/stnicholasvictoria

112 Caledonia Ave, Victoria, BC
V8T 1G1

**PASTOR:
FR. YURIY VYSHNEVSKYY**

~ 8 MARCH 2020 ~
2ND SUNDAY OF LENT
2^{ГА} НЕДІЛЯ ПОСТУ



St. Gregory Palamas was born in Constantinople in 1296 in a distinguished family with ties to the imperial court. Palamas mastered the classical philosophies of antiquity at the imperial university. About the year 1316, Gregory along with his mother, two sisters, two brothers entered the monastic life. In 1326, Gregory was ordained a priest and in 1347 he was named Archbishop of Thessalonica.

Gregory Palamas became the acknowledged intellectual leader and apologist for the monastic school of mysticism known as Hesychasm (from the Greek work *hēsychia*, or “state of quiet”). This Byzantine contemplative movement’s form of prayer integrated repetitive formulas with bodily postures and controlled breathing for the purpose of experiencing a state of inner peace and mystical union.

At the provincial Council of Constantinople in 1368, nine years after his death, he was acclaimed a saint and titled “Father and Doctor of the Orthodox Church,” thus placing him among the ranks of those who determined the ideological shape of the Eastern church.

SUNDAY HYMNS	
OPENING HYMN	With Joy We Keep the Holy Fast pg. 1008 (<i>Anthology</i>)
COMMUNION HYMN	Страдалъна Мати / The Mournful Mother. pg. 158-159
CLOSING HYMN	With Joy We Keep the Holy Fast pg. 1008 (<i>Anthology</i>)

SUNDAY & DAILY SCHEDULE

SUNDAY, Mar. 8	Liturgy - for the Parishioners of St Nicholas Parish	10:00 AM
MONDAY, Mar. 9	NO SERVICES	
TUESDAY, Mar. 10	Third Hour	9:00 AM
WEDNESDAY, Mar. 11	Divine Liturgy of the Pre-Sanctified Gifts	9:00 AM
THURSDAY, Mar. 12	Divine Liturgy followed by Sorokousty	9:00 AM
FRIDAY, Mar. 13	Divine Liturgy of the Pre-Sanctified Gifts	9:00 AM
SATURDAY, Mar. 14	NO SERVICES	
SUNDAY, Mar. 15	Liturgy - for the Parishioners of St Nicholas Parish	10:00 AM

NOTE: to request a Liturgy for a special intention, please see Fr. Yuriy to arrange for it!

SUNDAY EPISTLE READERS

DATE	READING	UKRAINIAN	ENGLISH
SUNDAY, Mar. 8	Heb. 1:1-2:3	Motria Koropecky	Carol Chapman
SUNDAY, Mar. 15	Heb. 4:14-5:6	Yuliya Pelekhata	Caroline Smudy
SUNDAY, Mar. 22	Heb. 6:13-20	Dmytro Maksymiv	James Bilach
SUNDAY, Mar. 29	Heb. 9:11-14	Kateryna Yaremyn	Darryl Huculak

Thank you, Epistle readers, for your service in proclaiming God's Word!

PASTORAL MINISTRY & HOLY MYSTERIES

CONFESSIONS..... 1/2 hour before Liturgy
 EUCHARIST.....for the sick - any time
 BAPTISMS.....by appointment
 MARRIAGES.....six months notice should be given to the parish priest, and he should be contacted before any other arrangements are made
 FUNERALS.....by appointment
 ANOINTING.....any time
 HOSPITAL VISITS.....any time

DIVINE LITURGY PROPERS

The Divine Liturgy of our Father among the Saints Basil the Great

An Anthology for Worship: Liturgy - pg. 270-318; propers - pg. 349, 622

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Glory: Now: Kontakion, Tone 4: The time for action is now revealed;* the Judge is at the door.* Let us rise and keep the fast,* offering tears of contrition with alms and crying aloud:* our sins are more numerous than the sands of the sea,* but forgive us, O Maker of all, that we may receive incorruptible crowns.

Prokeimenon, Tone 5: You, O Lord, will guard us* and will keep us* from this generation* and forever. Verse: Save me, O Lord, for there is no longer left a just man.

Epistle - Hebrews 1:10-2:3 - A Reading from the Letter of Saint Apostle Paul to Hebrews: Brothers and sisters, 'In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end.' But to which of the angels has he ever said, 'Sit at my right hand until I make your enemies a footstool for your feet'? Are not all angels spirits in the divine service, sent to serve for the sake of those who are to inherit salvation? Therefore we must pay greater attention to what we have heard, so that we do not drift away from it. For if the message declared through angels was valid, and every transgression or disobedience received a just penalty, how can we escape if we neglect so great a salvation? It was declared at first through the Lord, and it was attested to us by those who heard him.

Alleluia, Tone 6: Verse: He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven. Verse: He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.

Gospel - Mark 2: 1-12 - When Jesus returned to Capernaum after some days, it became known that he was at home. Many gathered together so that there was no longer room for them, not even around the door, and he preached the word to them. They came bringing to him a paralytic carried by four men. Unable to get near Jesus because of the crowd, they opened up the roof above him. After they had broken through, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralytic, "Child, your sins are forgiven." Now some of the scribes were sitting there asking themselves, "Why does this man speak that way? He is blaspheming. Who but God alone can forgive sins?" Jesus immediately knew in his mind

what they were thinking to themselves, so he said, "Why are you thinking such things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, pick up your mat and walk'? But that you may know that the Son of Man has authority to forgive sins on earth" - he said to the paralytic, "I say to you, rise, pick up your mat, and go home." He rose, picked up his mat at once, and went away in the sight of everyone. They were all astounded and glorified God, saying, "We have never seen anything like this."

Instead of "It is truly..." we sing: In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn: Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia.

Prayer After Holy Communion: Having been made worthy to partake in a mystical way of Your immaculate Body and precious Blood, O Christ our God, I acclaim and bless, worship and glorify You, and proclaim the greatness of Your saving acts, now and for ever and ever. Amen. (*more Prayers After Holy Communion on pg. 324-326 in the Anthology book*).



Тропар, глас 6: Ангельські сили на гробі Твоїм* і сторожі омертвіли;* Марія ж стояла при гробі,* шукаючи пречистого тіла Твого.* Полонив Ти ад і, не переможений від нього,* зустрів Ти Діву, даруючи життя.* Воскреслий з мертвих, Господи, слава Тобі!

Слава: І нині: Кондак, глас 4: Нині час для діяння явився,* при дверях суд,* востаньмо, отже, постячися,* принесім сльози благання з милостинями, взиваючи:* Ми согрішили більше піску морського,* але ослаби, Творче всіх, щоб ми прийняли нетлінні вінці.

Прокімен, глас 5: Ти, Господи, збережеш нас* і захистиш нас від роду цього і повік.
Стих: Спаси мене, Господи, бо не стало праведного.

Апостол - Євреїв 1:10-2:3 - До Євреїв послання Святого Апостола Павла читання: Браття і сестри, «Ти, Господи, напочатку заснував землю і небеса – діло рук твоїх. Вони загинуть, ти ж перебуваєш; усі, мов одежа, постаріються. Ти їх, неначе одєжину, згорнеш і, немов одєжа, вони зміняться. Ти ж – той самий, і літа твої не скінчаться.» До кого з ангелів він коли мовив: «Сідай праворуч мене, доки не покладу твоїх ворогів підніжком під твої ноги?» Хіба ж не всі вони служебні духи, що їх посилають до послуг тим, які мають успадкувати спасіння? Тому ми мусимо вважати дуже пильно на те, що почули, щоб, бува, нас не знесло з дороги. Бо коли слово, оголошене ангелами, було таке зобов'язуюче, що всякий його переступ і непослух приймав справедливу кару, то як утечемо ми, коли

занедбаємо таке велике спасіння? Воно, спочатку проповідане Господом, було підтвержене нам тими, що його чули.

Алилуя, глас 6: *Стих:* Хто живе під охороною Всевишнього, під покровом Бога небесного оселиться. *Стих:* Скаже він Господеві: Ти заступник мій і пристановище мое, Бог мій, на котрого я надіюся.

Євангеліє - Марко 2:1-12 - Коли ж Він по кількох днях прийшов знов до Капернауму, то чутка пішла, що Він удома. І зібралось багато, аж вони не вмщалися навіть при дверях. А Він їм виголошував слово. І прийшли ось до Нього, несучи розслабленого, якого несли четверо. А що через народ до Нього наблизитися не могли, то стелю розкрили, де Він був, і пробравши, звісили ложе, що на ньому лежав розслаблений. А Ісус, віру їхню побачивши, каже розслабленому: Відпускаються, сину, гріхи тобі! Там же сиділи дехто з книжників, і в серцях своїх думали: Чого Він говорить отак? Зневажає Він Бога... Хто може прощати гріхи, окрім Бога Самого? І зараз Ісус відчув Духом Своїм, що вони так міркують собі, і сказав їм: Що таке ви в серцях своїх думаете? Що легше: сказати розслабленому: Гріхи відпускаються тобі, чи сказати: Уставай, візьми ложе своє та й ходи? Але щоб ви знали, що Син Людський має владу прощати гріхи на землі, каже розслабленому: Тобі Я наказую: Уставай, візьми ложе своє, та й іди у свій дім! І той устав, і негайно взяв ложе, і вийшов перед усіма, так що всі дивувались і славили Бога, й казали: Ніколи такого не бачили ми!

Замість “Достойно...” співаємо: Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храм і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками суцїй Бог наш. Лоно бо твоє престолом сотворив і утробу твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава тобі.

Причасний: Хваліте Господа з небес,* хваліте Його на висотах. Алилуя, алилуя, алилуя!

Молитва По Святім Причастю: Таїнственно удостоївшись бути причасником Твого пречистого тіла і чесної крові, Христе Боже, оспівую і благословлю, поклоняюся, і славлю, і величаю спасіння Твої, Господи, нині і повсякчас, і на віки вічні. Амінь. (*більше Молитов По Святім Причастю на ст. 80-87 в маленькій книжечці “Божественна Літургія”*).

ANNOUNCEMENTS

✿ **HAPPY BIRTHDAY** to YAROSLAWA WOLOSHYN, ZOE MAGILLIVRAY and all those who celebrated their birthdays this past week. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protects you at all times. Многая Літа!

✿ **CONGRATULATIONS** to LORRAINE & ROBERT HERCHAK on their Wedding Anniversary. May you two continue be a blessing to God, to others, and to each other in your marriage together. Многая Літа!

✿ **UKRAINIAN SUPPER** on Friday, March 27 at the Ukrainian cultural Centre sponsored by St. Nicholas Ukrainian Catholic church. Supper is from 5-8 pm, public welcome. See below food prep. schedule.

✿ **SOROKOUSTY:** Lenten Memorial Services for the deceased will be celebrated every Thursday of Lent at the 9:00 AM Divine Liturgy. The books for the deceased are available at the church entrance. Please remember to pray for the deceased members of your family & friends.

✿ **PARISH LENTEN RETREAT WITH FR. JIM NAKONECHNY - March 21-22** - join us for two days of spiritual renewal and prayer. **Sat, Mar. 21** - 6:00PM - Fr. Jim will be hearing confessions; 6:30PM - Vespers; 7:00PM - retreat talk followed by a fellowship. **Sun, Mar. 22** - 10AM - Divine Liturgy (opportunity for confession). **Lenten Mission theme:** *Becoming a Healing Presence*. "The kingdom of heaven is like a treasure hidden in a field, which a man found and hid; and for joy over it he goes and sells all that he has and buys that field" (Matthew 13:44). Have you ever thought of your daily life as a treasure hunt? Have you ever wondered why everyone else seems to have all the good fortune or luck and it just never seems to come your way? It happens to all of us from time to time, but do not worry or despair, since I want to share a secret with you. **"Life is a treasure hunt."** Yes, really it is, but we have to be spiritually aware of the world around us and actively looking for the treasures that God places out for us on daily basis. I like to refer to these treasures as "*golden nuggets*" which God places for us to recognize Him through out the day. Just like the man in St. Matthew's gospel who found a treasure and was filled with joy, we too must actively look for treasures during the day and perceive them as gifts from God, lovingly given to us. Treasures come in all shapes and sizes, it may be a phone call from someone we were just thinking about, it may be some help that came just at the right time or maybe it was a clean bill of health, these are all "golden nuggets" treasures given to us from God. Your task for this week is to go on a personal treasure hunt...sounds like fun? Yes it is. Begin to look at your daily routine and look for the treasures that our loving Lord weaves into your day. Notice the little things and especially when they bring you joy and then smile knowing that God placed it there just for you. Take a few moments at the end of the day to reflect on those "golden nuggets" you found and thank God for them. When we are aware of God's grace and active participation in our lives we will begin to collect an abundance of spiritual treasures. Happy hunting!

✿ **BISHOP KEN'S ENTHRONEMENT IN LONDON, APRIL 7:** https://docs.google.com/forms/d/e/1FAIpQLScjH_aqjybB4tRx3EJngRtTvWDOtWrx770LBBjtvs7ybnM8A/viewform?vc=0&c=0&w=1

✿ **CAMP ST. VOLODYMYR - Aug 16-23, Kelowna BC:** Start planning your summer holidays now! If you are between the ages of 7-15 this is a summer must do! Come join us to

celebrate our 37th year of camp for children in our Eparchy! Registration for campers and counsellors will begin in April. Bus transportation available from New Westminster. If you are interested in volunteering please let us know. For more information contact Jennifer Caldwell @ [604.220.0584](tel:604.220.0584) or jennsawka@hotmail.com

✦ **PRAYER REQUEST:** Please keep in your prayers SYLVIA KELLY, CHARLOTTE KRAKOWSKI, RICHARD NEWBERRY and other members of our parish, our family and friends who are ailing, in hospitals, nursing homes and those who are not able to join actively in their community.

✦ **ST. NICHOLAS BOOK STORE:** “Christ Our Pascha” Catechism of the Ukrainian Catholic Church/“Христос Наша Пасха” Катехизм Української Католицької Церкви - **\$25**; “Sing to Our God” hymn book - **\$15**; Молитовник “Прийдіте Поклонімся” - **\$10**; “The Rosary - The Prayer Rule of the Mother of God in the Ukrainian Catholic Church” - **\$10**.



✦ **THRIFTY'S PRE-PAID FOOD CARDS** - We all have to buy groceries. Why not have 6% of it returned back to the church at no extra charge! Cards are available in \$100, \$200, and \$500 denominations. Talk to Alec after today's liturgy to pre-order your cards. We need to sell A LOT of them! We encourage you to consider purchasing them for yourselves as gifts too.

✦ **JOIN OUR CHOIR:** Do you enjoy singing? Please consider joining our St Nicholas Parish Choir and remember that we ALWAYS looking for new members! Contact Motria Koropecy for details at [250.658.3051](tel:250.658.3051).

✦ **CATECHISM ANNOUNCEMENT:** *"And they were bringing to Him also the infants, in order that He may be touching them; but after the disciples saw it, they rebuked them. But Jesus called them to Himself and said, Let alone the little children to come to Me, and cease hindering them; for of such is the kingdom of God."* We are happy to welcome all children to our St. Nicholas The Wonderworker catechism program. Weekly classes are scheduled Sunday morning during Divine Liturgy. We want your children to learn more about their Catholic faith, sacred scripture, feast days, and religious practices and customs of the Ukrainian Catholic church. If you have any questions, please do not hesitate to contact Marian Chalifoux at [250.507.1005](tel:250.507.1005).

✦ **BE A STEWARD:** Have you ever wondered what more can you do to help our parish? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others. Contact Fr. Yuriy **OR** Darlene DeMerchant for more information. You will be amazed how "BEING" can make a difference.

✦ **PARISH LIBRARY:** please visit our parish library and browse through the books on spirituality, church history, iconography, history of the Ukrainians in Canada, children's books and more... The library is located in the church vestibule. Please use a library book sign out form when borrowing a book.

✦ **SUNDAY COFFEE VOLUNTEERS** act as hosts and serve light refreshments following the Sunday morning Divine Liturgy, providing an opportunity for the faithful to socialize with friends and visitors following their shared worship experience. We thank all of our parishioners who kind volunteer to serve refreshments. Whether you are new to the Parish, or are a long-time members, please join us for coffee. Please speak with Robert if you would like to volunteer.

✦ **WE SHARE THE AIR:** Please keep it healthy and fragrant free. Someone in this area is scent-sitive. The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other respiratory ailments. PLEASE DO NOT *wear perfume, cologne, lotion, aftershave and other fragrances; *USE unscented personal care products. Be Sensitive to Others. Thank you for your understanding. *St. Nicholas parish.*

✦ **BEQUESTS & WILLS:** Leaving a bequeath is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness please remember St Nicholas the Wonderworker Ukrainian Catholic Church in your bequeath and will. If anyone wishes to make such a bequeath in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to **St Nicholas the Wonderworker Ukrainian Catholic Parish - 1112 Caledonia Avenue, Victoria BC, V8T 1G1**, the sum of \$ ____ (or ____% of my estate), to be used for the benefit of the parish and it's pastoral activities."

✦ **MARCH 1 DONATIONS** - Coffee: \$45.35; Vigil lights: \$10.60; Loose collection: \$35.00; Envelope collection: \$688.00; Pre-authorized donations Feb 24 to Mar 1: \$280.00 **TOTAL: \$1,058.95.** May God bless and reward you abundantly for your generosity!



✦ **DONATE ONLINE** to St. Nicholas Parish
at:
www.canadahelps.org/en/dn/45460

PRAYER OF SAINT EPHRAEM THE SYRIAN

○ Lord, and Master of my life, keep from me the spirit of indifference and discouragement, lust of power, and idle chatter. / Господи і Владико життя мого! Духа лінивства, недбайливості, властолюб'я і пустомовства віджени від мене. (*Prostration*)



Instead, grant to me, Your servant, the spirit of wholeness of being, humble-mindedness, patience, and love. / Духа чистоти, покори, терпеливості й любові даруй мені, слугі твогому. (*Prostration*)

O Lord and King, grant me the grace to be aware of my sins and not to judge my brothers and sisters, for You are blessed, now and forever and ever. Amen. / Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь. (*Prostration*)

~ UKRAINIAN DINNER at the Cultural Centre ~
 Friday, March 27 5PM - 8PM

DATE	TASK	TIME	VOLUNTEERS
Tue. Mar. 10	Steam cabbage (at Ukr. centre)	12 noon - 3pm	Need 2 volunteers
Thu. Mar. 12	Rib/freeze cabbage leafs	8:30 - 11:30 am	Need 6-7 volunteers
Wed. Mar. 25	Prep. veggies for borscht; cook rice	10am - 2pm	Need 4 volunteers
Thu. Mar. 26	Make cabbage rolls	9am - 12 noon	Need 10-12 volunteers; lunch served
	Set up for dinner at Ukr. Cultural centre	2pm - 4:30pm	Need 4 volunteers
Fri. Mar. 27	Ukrainian Dinner at the Ukr. Cultural Centre	12 noon - 9:30 pm	Need 25-30 volunteers;
	some working in shifts of 2-3 hours) beginning with setting up take out area, prepping the condiments (coleslaw/sour cream), setting up dessert/coffee/tea area, selling dinner tickets, serving food (kitchen and take out), bussing tables, washing dishes, and final clean up.		

CARDINAL COLLINS BLASTS CANADIAN ASSISTED DYING LAWS

Canada is embracing “death on demand” in its healthcare laws, according to Cardinal Thomas Collins. The Archbishop of Toronto issued a strong denunciation of the Medical Assistance in Dying (MAiD) laws in an op-ed published Monday, March 2.

Cardinal Collins used the column in [The Star](#) to denounce Bill C-7, which would remove safeguards and expand eligibility criteria for MAiD. The bill was introduced in Parliament last week and, if passed, will create advance directives to allow patients to authorize euthanasia in advance and permit those who do not have a terminal illness to receive a physician-administered death.

“Pain medication and other resources and procedures can indeed be used effectively to medically assist people who are dying,” said Collins. “But that is not what MAiD involves: it means giving a lethal injection to people who are not dying, so that they will die.”

“Under this legislation, any serious incurable illness, disease, or disability would render a person eligible for euthanasia,” said the cardinal.

In Canada, those who are approved for an assisted death do not have to self-administer the drugs. The vast majority of MAiD patients opt for the doctor to end their lives.

Bill C-7 would also remove a 10-day waiting period between being approved for an assisted death and receiving the drugs for those who have a condition that would cause a “reasonably foreseeable” death.

Collins pointed out that if this bill were to become law, there would be waiting periods in his home province of Ontario “for gym memberships and new condominium purchases,” but not for assisted deaths.

“This is a new chapter of death on demand,” he said. “Canada has cast aside restrictions at a far quicker pace than any other jurisdiction in the world that has legalized euthanasia.”

When MAiD first became law in 2016, the Canadian government promised to do a “thorough” review prior to introducing new legislation. This did not happen, said Collins. Bill C-7 was introduced in response to a September 2019 Quebec Superior Court decision which found that the “reasonably foreseeable death” stipulation was a violation of human rights. The Canadian government said they did not wish to appeal that decision.

Collins also decried the lack of widely-available palliative care services, and questioned why there was no “political will to push forward on palliative care for all Canadians.” About a

third of Canadians have access to palliative care, but medically assisted deaths are guaranteed, widely available, and fully-funded under Canada's health law.

“If all Canadians had access to quality palliative care, fewer would seek lethal injection. Instead of developing an overall culture of care, we are rushing towards death on demand,” said the cardinal. “The same doctors who are trying to care for their patients will now be called on to approve euthanasia for them.”

In Canada, doctors are able to refuse to administer an assisted death, but must refer patients to a willing physician.

The sick, elderly, and disabled “need assisted living, not assisted death,” said Collins. “They should never be seen as a burden to our society.” He wrote that he is worried that these vulnerable populations, having suddenly become eligible for assisted death, “may well be pressured, whether from family, friends or even their own health care professionals, to ‘ease their burden’ and end their lives.”

To combat this mentality, Collins wrote, it is imperative for Canadians to “foster a culture of care and love for one another” and strive to accompany friends, family “and even strangers...recognizing the inherent dignity of every person.”

catholicnewsagency.com
