



**ST. NICHOLAS
THE WONDERWORKER
СВ. МИКОЛАЯ
ЧУДОТВОРЦА**



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~ 24 MAY 2020 ~

**SUNDAY OF THE HOLY FATHERS OF THE
FIRST ECUMENICAL COUNCIL OF NICAEA**



The seventh Sunday after the Feast of Holy Pascha is observed as the Sunday of the Fathers of the First Ecumenical Council. This day commemorates the 318 God-bearing Fathers who gathered in Nicaea in 325 at the request of the Emperor, Saint Constantine the Great, to address the heresy of Arianism together with other issues that concerned the unity of the Church.

Arius was a priest of the Church of Alexandria, and in 315, he began to blaspheme against the Son of God saying that He was not the true God, consubstantial with the Father, but rather a work or creation of God and different from the essence and glory of the Father. The Bishop of Alexandria, Alexander, attempted to correct Arius but he continued with his heretical teachings, creating controversy and division in the churches of other cities, which led to a theological and ecclesiastical crisis throughout the Christian Church.

Moved with concern for unity, the Emperor Constantine the Great summoned the First Ecumenical Council in Nicaea. It was in this place that the bishops of the Church gathered in 325. All of them declared that the Son and Word of God is one in essence with the Father, true God of true God.

SUNDAY HYMNS	
OPENING HYMN	На Гору Днесь Єлеонську / Today, on The Mount pg. 208-209
COMMUNION HYMN	Маріє, Діво Благословенна/О, Virgin Mary, Our Blessed Lady pg.346-347
CLOSING HYMN	Під Твою Милість / Unto Your Loving Protection pg. 372-373

SUNDAY & DAILY SCHEDULE	
SUNDAY, May 24	NO SERVICES
MONDAY, May 25	NO SERVICES
TUESDAY, May 26	NO SERVICES
WEDNESDAY, May 27	NO SERVICES
THURSDAY, May 28	NO SERVICES
FRIDAY, May 29	NO SERVICES
SATURDAY, May 30	NO SERVICES
SUNDAY, May 31	DESCENT OF THE HOLY SPIRIT - PENTECOST

SUNDAY EPISTLE READERS			
DATE	READING	UKRAINIAN	ENGLISH
SUNDAY, May 24	Act.2:16-18;28-36	-	-
SUNDAY, May 31	Act. 2: 1-11	-	-
SUNDAY, Jun 7	Heb. 11:33-12:2	-	-
SUNDAY, Jun 14	Rm. 2: 10-16	-	-

PASTORAL MINISTRY & HOLY MYSTERIES	
CONFESSIONS.....	by appointment
EUCCHARIST.....	by appointment
BAPTISMS.....	by appointment
MARRIAGES.....	six months notice should be given to the parish priest, and he should be contacted before any other arrangements are made
FUNERALS.....	by appointment
ANOINTING.....	by appointment
HOSPITAL VISITS.....	by appointment

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ANNOUNCEMENTS

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☀ **HAPPY BIRTHDAY** to CHRISTINA VYSHNEVSKA and all those who celebrated their birthdays this past week. May the Lord Our God continue to bless you abundantly and the Holy Mother of God protects you at all times. Многая Лѣта!

☀ **MOLEBEN TO THE MOTHER OF GOD / МАЇБКА:** As the month of May is dedicated to the Blessed Virgin Mary every Sunday in May after Divine Liturgy we will celebrating Moleben to the Mother of God!

☀ **PRAYER REQUEST:** Please keep in your prayers JULIE CHUPICK, SYLVIA KELLY, CHARLOTTE KRAKOWSKI, RICHARD NEWBERRY and other members of our parish, our family and friends who are ailing, in hospitals, nursing homes and those who are not able to join actively in their community.

☀ **BEQUESTS & WILLS:** Leaving a bequeath is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process. In your kindness please remember St Nicholas the Wonderworker Ukrainian Catholic Church in your bequeath and will. If anyone wishes to make such a bequeath in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to **St Nicholas the Wonderworker Ukrainian Catholic Parish - 1112 Caledonia Avenue, Victoria BC, V8T 1G1**, the sum of \$ ____ (or ____% of my estate), to be used for the benefit of the parish and it's pastoral activities."



☀ **DONATE ONLINE** to St. Nicholas parish:
www.canadahelps.org/en/dn/45460

DIVINE LITURGY PROPERS

*The Divine Liturgy of our Father among the Saints John Chrysostom
An Anthology for Worship: Liturgy - pg. 388-461; propers - pg. 551*

First Antiphon

Verse: Clap your hands, all you nations;* shout to God with the voice of joy.

Refrain: Through the prayers of the Mother of God, O Saviour, save, us.

Verse: For the Lord most high is awesome,* a great king of all the earth.

Refrain: Through the prayers of the Mother of God, O Saviour, save, us.

Verse: He has subdued peoples to us,* and nations under our feet.

Refrain: Through the prayers of the Mother of God, O Saviour, save, us.

Verse: God ascended amid shouts of joy;* the Lord at the sound of the trumpet.

Refrain: Through the prayers of the Mother of God, O Saviour, save, us.

Glory: Now: Only-Begotten Son...

Third Antiphon

We sing the usual Third Antiphon, but with the festal refrain: Son of God, who ascended in glory, save us who sing to You: Alleluia.

Troparion, Tone 6: Angelic powers were upon Your tomb* and the guards became like dead men;* Mary stood before Your tomb* seeking Your most pure body.* You captured Hades without being overcome by it.* You met the Virgin and granted life.* O Lord, risen from the dead,* glory be to You!

Troparion, Tone 4: You ascended in glory, O Christ our God,* giving joy to Your disciples by the promise of the Holy Spirit,* and assuring them through your blessing* that You are the Son of God,* the Redeemer of the world.

Troparion, Tone 8: Christ our God, You are glorified above all,* You established our fathers as beacons on earth* and through them guided all of us to the true faith.* Glory to You, most compassionate Lord.

Glory: Kontakion, Tone 8: The apostles' preaching and the Fathers' doctrine* confirmed the Church's one faith,* and wearing the garment of truth* woven from theology that descends from on high,* she rightly imparts* the mystery of godliness* and sings its glory.

Now: Kontakion, Tone 6: When you had fulfilled Your plan for us* and united things on earth with those in heaven,* You ascended in glory, O Christ our God,* in no way distant, but remaining inseparable,* You cried to those who love You:* I am with You and there is none against you.

Prokeimenon, Tone 4: Blessed are You, Lord God of our fathers, and praised and glorified is Your Name forever. *Verse:* For You are righteous in everything that You have done to us. (*Daniel 3:26,27*)

Epistle - Acts 20:16-18, 28-36 - A reading from the Acts of the Apostles: For Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; he was eager to be in Jerusalem, if possible, on the day of Pentecost. From Miletus he sent a message to Ephesus, asking the elders of the church to meet him. When they came to him, he said to them: 'You yourselves know how I lived among you the entire time from the first day that I set foot in Asia,

Keep watch over yourselves and over all the flock, of which the Holy Spirit has made you overseers, to shepherd the church of God that he obtained with the blood of his own Son. I know that after I have gone, savage wolves will come in among you, not sparing the flock. Some even from your own group will come distorting the truth in order to entice the disciples to follow them. Therefore be alert, remembering that for three years I did not cease night or day to warn everyone with tears. And now I commend you to God and to the message of his grace, a message that is able to build you up and to give you the inheritance among all who are sanctified. I coveted no one's silver or gold or clothing. You know for yourselves that I worked with my own hands to support myself and my companions. In all this I have given you an example that by such work we must support the weak, remembering the words of the Lord Jesus, for he himself said, "It is more blessed to give than to receive." ' When he had finished speaking, he knelt down with them all and prayed.

Alleluia, Tone 1: *Verse:* The God of gods, the Lord, spoke and summoned the earth from the rising of sun to its setting. *Verse:* Gather to Him His devout ones, who with sacrifice make covenant with Him. (*Psalm 49:1,5*)

Gospel - John 17:1-13 - Jesus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you, just as you gave him authority over all people, so that he may give eternal life to all you gave him. Now this is eternal life, that they should know you, the only true God, and the one whom you sent, Jesus Christ. I glorified you on earth by accomplishing the work that you gave me to do. Now glorify me, Father, with you, with the glory that I had with you before the world began. "I revealed your name to those whom you gave me out of the world. They belonged to you, and you gave them to me, and they have kept your word. Now they know that everything you gave me is from you, because the words you gave to me I have given to them, and they accepted them and truly understood that I came from you, and they have believed that you sent me. I pray for them. I do not pray for the world but for the ones you have given me, because they are yours, and everything of mine is yours and everything of yours is mine, and I have been glorified in them. And now I will no longer be in the world, but they are in the world, while I am coming to you. Holy Father, keep them in your name that you have given me, so that they may be one just as we are. When I was with them I protected them in your name that you gave me, and I guarded them, and none of them was lost except the son of destruction, in order that the scripture might be fulfilled. But now I am coming to you. I speak this in the world so that they may share my joy completely.

Instead of "It is truly..." we sing: O my soul, magnify the Lord who in glory ascended bodily into the heavens.

Irmos, Tone 5: O Mother of God,* you transcended both mind and word,* and in time, ineffably bore the Timeless One:* it is you who, with one accord,* we, the faithful, magnify.

Communion Hymn: Praise the Lord from the heavens;* praise Him in the highest. (*Psalm 148:1*)* Rejoice in the Lord, O you just;* praise befits the righteous. (*Psalm 32:1*) Alleluia, alleluia,* alleluia.

Instead of “We have seen the true light” (x1), “May our mouths be filled” (x3), “Blessed be the name” (x3) we sing: Be exalted, O God, above the heavens, above all the earth be Your glory.

Prayer After Holy Communion: Having been made worthy to partake in a mystical way of Your immaculate Body and precious Blood, O Christ our God, I acclaim and bless, worship and glorify You, and proclaim the greatness of Your saving acts, now and for ever and ever. Amen. (*more Prayers After Holy Communion on pg. 324-326 in the Anthology book*).



Перший Антифон

Стих: Всі народи, заплещіте руками, воскликніть Богові голосом радості.

Приспів: Молитвами Богородиці, Спасе, спаси нас.

Стих: Бо Господь Всевишній – страшний, цар великий по всій землі.

Приспів: Молитвами Богородиці, Спасе, спаси нас.

Стих: Він покорив людей нам і народи під ноги наші.

Приспів: Молитвами Богородиці, Спасе, спаси нас.

Стих: Зійшов Бог під оклики веселі, Господь – під голос сурми.

Приспів: Молитвами Богородиці, Спасе, спаси нас.

Слава: І Нині: Єдинородний Сину ...

Третій Антифон

Співаємо звичайний третій антифон, але з приспівом: Спаси нас, Сину Божий, що родився від Діви, співаємо тобі: Алилуя.

Тропар, глас 6: Ангельські сили на гробі твоїм* і сторожі омертвіли * Марія ж стояла при гробі,* шукаючи пречистого тіла твого.* Полонив ти ад і, не переможений від нього,* зустрів ти Діву, даруючи життя.* Воскреслий з мертвих, Господи, слава тобі!

Тропар, глас 4: Вознісся ти у славі, Христе Боже наш,* радість сотворивши ученикам обітуванням Святого Духа,* утвердивши їх благословенням,* бо ти еси Син Божий,* ізбавитель світу.

Тропар, глас 8: Препрославлений ти, Христе Боже наш,* світила на землі – отців наших оснував ти* і ними до істинної віри всіх нас направив ти.* Багатомилосердний, слава тобі.

Слава: Кондак, глас 8: Апостолів проповідування і отців догмати* єдину віру утвердили церкві,* яка і, ризу істини з богословія вишнього носячи,* право править, і славить благочестя велике таїнство.

І Нині: Кондак, глас 6: Сповнивши промисел щодо нас* і те, що на землі, з'єднавши з небесним,* вознісся ти у славі, Христе Боже наш,* ніяк не відлучаючись, але невідступнео перебуваючи,* ти кличеш до тих, що люблять тебе:* Я з вами і ніхто проти вас.

Прокімен, глас 4: Благословен еси, Господи, Боже отців наших,* і хвальне, і прославлене ім'я твоє навіки. *Стих:* Бо праведний еси в усьому, що сотворив ти нам.

Апостол - Дія. 20:16-18, 28-36 - 3 книги Діянь Святих Апостолів читання: Тими днями Павло вирішив плисти попри Ефес, щоб не баритися в Азію поспішав бо, щоб, по змозі, на день П'ятидесятниці бути в Єрусалимі. З Мілету він послав у Ефес і прикликав пресвітерів церкви. Коли ж вони прийшли до нього, він до них промовив: «Ви знаєте, як з першого дня, коли я вступив у Азію, увесь час поводився я з вами. Зважайте на самих себе й на все стадо, над яким Дух Святий поставив вас єпископами, щоб пасли церкву Божу, що він придбав кров'ю власною. Я знаю, що по моїм відході ввійдуть поміж вас вовки хижі, які не щадитимуть стада. Та й з-поміж вас самих повстануть люди, що говоритимуть погубні речі, щоб потягнути за собою учнів. Тому чувайте, пригадуйте собі, що я три роки, ніч і день, не переставав кожного з вас із сльозами наводити на розум. А тепер передаю вас Богові і слову його благодаті, що може збудувати й дати вам спадщину між усіма освяченими. Ні срібла, ні золота, ані одежі я не вимагав ні від кого. Ви самі знаєте, що моїм потребам і тих, які зо мною, служили оці руки. У всьому я показав вам, що, так працюючи, треба допомагати слабосильним і пам'ятати слова Господа Ісуса, що сам сказав: «Більше щастя – давати, ніж брати.» Промовивши це, він упав на коліна і з усіма ними почав молитися.

Алилуя, глас 1: *Стих:* Бог богів, Господь мовив, і призвав землю від сходу сонця до заходу. *Стих:* Зберіть йому преподобних його, що заповідують завіт його в жертвах.

Євангеліє - Івана 17:1-13 - Ісус, підвівши очі свої до неба, проказав: «Отче, прийшла година! Прослав свого Сина, щоб Син твій тебе прославив, згідно з владою, що її ти дав йому над усяким тілом: дарувати життя вічне тим, яких ти передав йому. А вічне життя у тому, щоб вони спізнали тебе, єдиного, істинного Бога, і тобою посланого – Ісуса Христа. Я тебе на землі прославив, виконавши те діло, яке ти дав мені до виконання. Тепер же

прослав мене, Отче, у себе – славою тією, що її я мав у тебе перед тим, як постав світ! Я об'явив твоє ім'я людям, яких ти від світу передав мені. Вони були твої, ти ж передав мені їх, і зберегли вони слово твоє. Нині збагнули вони, що все, тобою дане мені – від тебе; слова бо, тобою мені дані, я їм дав, і сприйняли вони їх, і справді збагнули, що від тебе я вийшов, і увірували, що ти мене послав. Молю ж за них: не за світ молю, лише за тих, яких ти передав мені, бо вони – твої. І все моє – твоє, твоє ж – моє, і в них я прославився. Я вже більш не у світі, а вони у світі, і я до тебе йду. Отче Святий! Заради імени твого бережи їх, тих, що їх ти мені передав, щоб були одно, як ми! Бувши з ними у світі, я беріг їх у твоє ім'я; тих, яких ти передав мені, я їх стеріг, і ніхто з них не пропав, лише син загибелі, щоб збулося Писання. Тепер же іду до тебе, і кажу те, у світі бувши, щоб вони радощів моїх мали у собі вщерть.

Замість “Достойно...” ми співаємо: Величай, душе моя, Господа, що з плоттю во славі вознісся на небеса.

Ірмос, глас 5: Тебе, вище ума і слова Матір Божу, що в часі безлітнього несказанно родила, вірні однодумно величаємо.

Причасний: Хваліте Господа з небес, хваліте його в вишніх. Радуйтеся, праведні, у Господі, правим належить похвала. Алилуя, алилуя, алилуя!

Замість “Ми бачили світло істинне...” (x1), “Нехай сповняться уста...” (x3), “Нехай буде ім'я...” (x3), співаємо: Вознесися на небеса Боже і по всій землі слава Твоя.

Молитва по Святім Причастю: Таїнственно удостоївшись бути причасником Твого пречистого тіла і чесної крові, Христе Боже, оспівую і благословлю, поклоняюся, і славлю, і величаю спасіння Твої, Господи, нині і повсякчас, і на віки вічні. Амінь. (*більше Молитов По Святім Причастю на ст. 80-87 в маленькій книжечці “Божественна Літургія”*).

PRAYER DURING THE CORONAVIRUS OUTBREAK

Jesus Christ, you travelled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their strength and health through quality medical care.

Heal us from our fear, which prevents nations from working together and neighbours from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Stay by our side in this time of uncertainty and sorrow. Be with those who have died from the virus. May they be at rest with you in your eternal peace. Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace. Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace. Be with our priests and spiritual care givers. May they know that they are loved and cared for.

Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace.

For You are a God of mercy, kindness, and love, and we glorify You, Father, Son, and Holy Spirit, now and for ever and ever. Amen.



МОЛИТВА ПІД ЧАС СПАЛАХУ КОРОНАВІРУСУ

Ісусе Христе, ти подорожував по містах і селах, оздоровлюючи від хвороб і немочей. За Твоїм повелінням хворі видужували. У час пандемії коронавірусу повели цій хворобі відступити, щоб ми відчули Твою оздоровлюючу любов.

Вилікуй тих, хто хворий вірусом. Нехай вони відновлять свої сили та здоров'я завдяки якісній медичній допомозі.

Вилікуй нас від нашого страху, який заважає націям спільно працювати та сусідам допомагати один одному.

Вилікуй нас від нашої гордості, яка може змусити нас претендувати на невразливість до захворювання, що не знає меж.

Залишайся поруч у цей час невизначеності та смутку. Будь з тими, хто помер від вірусу. Нехай вони спочивають з Тобою у вічному спокої. Будь з родинami тих, хто хворий

або помер, коли вони турбуються і сумують, захищай їх від хвороб і відчаю. Нехай вони знають Твій спокій.

Будь з лікарями, медсестрами, дослідниками та всіми медичними працівниками, котрі прагнутьвилікувати та допомогти постраждалим та, котрі піддають себе ризику в своїй праці. Нехай вони знають Твій захист і спокій.

Будь з нашими священиками та духовними опікунами. Нехай вони знають, що їх люблять і піклуються про них.

Будь з лідерами всіх націй. Дай їм передбачення діяти милосердно та зі справжньою турботою про добробут людей, котрим вони призначені служити. Надай їм мудрості інвестувати у довгострокові рішення, які допоможуть підготуватися або запобігти майбутнім спалахам. Нехай вони пізнають Твій мир, коли разом працюють над досягненням його на землі.

Будь ми вдома чи за кордоном, в оточенні багатьох людей, які страждають цією хворобою, або наодинці, Ісусе Христе, залишайтеся з нами, коли ми терпимо і сумуємо. Замість нашої тривоги дай нам спокій.

Бо Ти - Бог милосердя, доброта та любов, і ми прославляємо Тебе, Отця, і Сина, і Святого Духа, нині, і повсякчас, і на віки вічні. Амінь.

MISSION DAYS - ДЕКАДА МІСІЙНОСТІ



Thursday, May 21 - Sunday, May 31
Mission Days - A Ten Day Journey

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit," [Mt. 28:19]

Dear Friends, starting on the feast of the Ascension (May 21) to Pentecost (May 31) we will once again pray that the Lord might renew our life through the Holy Spirit. Throughout these ten Mission Days make this pilgrimage at home with your family making your home a *"little Church"*.

We read in the Mission Days Guidebook: "By taking an active role in the spiritual efforts of these ten Mission Days, we are called to better understand that, by their very nature, our parish communities and families (domestic churches) have a *missionary* character. This missionary spirit is a consequence of the gift of our Baptism, by virtue of which we, as Christians, take upon ourselves the responsibility to *believe, live, serve, and share* the witness of

our faith in Christ, not just among our family members, but with our neighbours, wherever we may live.”

- 3rd Day** - *Sunday, May 24*: God is With Us - We Belong to God
4th Day - *Monday, May 25*: Branches that Bear Fruit
5th Day - *Tuesday, May 26*: Where to Look for Truth?
6th Day - *Wednesday, May 27*: Personal Responsibility
7th Day - *Thursday, May 28*: Community of Prayer
8th Day - *Friday, May 29*: Serving Those in Need
9th Day - *Saturday, May 30*: “Tend my sheep!”
10th Day - *Sunday, May 31*: Our Mission: to Carry the Holy Spirit to Others.

DIRECTIVES FOR RE-OPENING OF CHURCHES AND THE RESUMPTION OF PUBLIC LITURGICAL SERVICES



Chancery Office
Eparchy of New Westminster

DIRECTIVES FOR THE RE-OPENING OF CHURCHES AND THE RESUMPTION OF PUBLIC LITURGICAL SERVICES

May 21, 2020

Слава Ісусу Христу!
Glory be to Jesus Christ!

Dear Reverend Pastors and Faithful,

As we celebrate the Feast of the Ascension of Our Lord, Jesus – just before ascending to heaven and returning to the Father – commissions the apostles, saying, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age” (Matthew 28: 19-20).

We too have been commissioned by Jesus through our baptism to share the Good News of the Gospel message with all people, starting with our family, friends and neighbours.

It is in this light that, with joy in our hearts, we announce the re-opening of our churches and the resumption of public liturgical services, although with limits and restrictions.

From time to time, it may be necessary to update our Directives based upon advice from our health care officials and “best practice feedback” from our parishes as they re-open.

As we move towards gradual re-opening and the resumption of public liturgical services, it is critical that we understand the potential for the spread of COVID-19 among our faithful and take steps to minimize the risk of spread, especially among high risk populations within our congregations.

The health and safety of everyone is first and foremost.

To be successful in British Columbia’s relaunch and church re-openings, we will need to continue to do what we are doing, namely:

- follow public health measures,
- practice physical distancing and good hygiene; and
- continue acting responsibly.

The following Directives for the Re-opening of Churches and the Resumption of Public Liturgical Services address the following areas:

- A. Readyng our parishes for re-opening
- B. Deciding whether to attend church services or not
- C. Determining the 50-person or less maximum
- D. Physical distancing seating
- E. Entering and exiting the church
- F. Participating in the Divine Liturgy and other services

A. Readyng our parishes for re-opening

1. Pastors, in consultation with their Parish Pastoral Councils, parish staff and others concerned, must communicate clearly and effectively with their parishioners about their plans for when and how they will resume public liturgical services.
 2. Specifically, the communication should cover the following areas:
 - 2.1. How the parish will determine the 50-person or less maximum to participate in the Divine Liturgy and other liturgical services.
 - 2.2. How the parish will ensure physical distancing.
 - 2.3. The measures the parish will take to ensure proper sanitation.
 3. The Divine Liturgy schedule, if altered to allow more time between services, should be published.
 4. No “drive in” or “parking lot” services are permitted.
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5. An adequate stock of hand sanitizer and other cleaning supplies should be readily available at the time of reopening.
 6. Social gatherings before or after church services (including coffee and doughnuts) are not to take place at this time.
 7. If a parish is unable for practical or other reasons to maintain strict physical distancing and perform the cleaning requirements as indicated in these Directives, the pastor must not celebrate the Divine Liturgy or any other liturgical services publicly until such time as the parish is able to do so.

B. Deciding whether to attend or not to attend church services

8. The faithful continue to be dispensed from the obligation to attend the Divine Liturgy in church at this time.
9. All those attending church services do so at their own risk. It is important for individuals and families to take responsibility for protecting themselves – and others.
10. Prior to attending liturgical services, the faithful should use the self-assessment tool provided by the Government of British Columbia.
11. The following individuals *must* stay home for the sake of the wider community.
 - 11.1. Those with COVID-19 and those who live with someone with COVID-19.
 - 11.2. Those who have been exposed to someone with COVID-19.
 - 11.3. Anyone feeling sick with a cough, fever, shortness of breath, runny nose or sore throat, even if symptoms appear to be mild or resemble a cold.
 - 11.4. Anyone at high risk from COVID-19, for example, those with chronic medical conditions, especially with upper respiratory or flu-like symptoms.
 - 11.5. Those who have recently travelled outside of Canada.
12. The following individuals *are encouraged* to stay home for the sake of the wider community
 - 12.1. Those who live with someone with upper respiratory or flu-like symptoms.
 - 12.2. Older persons and persons with pre-existing medical conditions (such as high blood pressure, heart disease, lung disease, cancer or diabetes).
 - 12.3. Family members who live with the elderly or those who are at risk.
13. When at home, individuals and families are encouraged to follow the liturgical services on livestream or Telus (channel 876), or set aside some time to pray, read the Sacred Scriptures or some other spiritual reading.
14. Clergy (priests, deacons, subdeacons) and assistants (sacristans, altar servers, lectors, cantors) with a respiratory infection of any kind must not celebrate or participate in public Divine Liturgies and the sacraments.

C. Determining the 50-person or less maximum

15. The Government of British Columbia re-launch limits the number of faithful gathering for the Divine Liturgy and other liturgical services to no more than 50 people or one third of
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normal worship space, whichever is smaller, and whichever ensures that physical distancing of at least 2 metres (6 feet) will be maintained. This includes clergy, sacristans, altar servers, lectors, cantors, etc.

16. All individuals found to be in violation of gathering restrictions are subject to a \$1,000 penalty.
17. Additional Divine Liturgies may be scheduled with greater frequency to accommodate the spiritual needs of the faithful.
18. To ensure that the maximum number of 50 people is not exceeded at any time, the faithful must pre-register through email or by calling the parish, indicating their wish to attend a particular Divine Liturgy or other liturgical service – they must receive confirmation prior to attending.
19. The faithful should not pre-register for more than one liturgical service until everyone who wishes to attend has had an opportunity to do so (which might be every week, or every 2 or 3 weeks).
20. A list of attendees and their contact information must be maintained should someone test positive for COVID-19, thereby assisting public health officials with contact tracing and follow-up. The list must be kept until advised otherwise.

D. Physical distancing and seating

21. Except for members of the same household, physical distancing of at least 2 metres (6 feet) from another person must be maintained by everyone on the church property (in the church, on the church steps, in the parking lot, in the washrooms, etc.)
22. Tape or rope can be used to close off 2 or 3 rows of pews between the seating pews, to ensure physical distancing.
23. Seats which can be used should be clearly marked.
24. Members of the same household may sit together in the same pew.
25. Infants and children should remain with their parents at all times. Cry rooms are closed at this time.
26. When the faithful are required to stand in line, for example, to receive Holy Communion, go to confession, or use the washroom, tape can be placed on the church floor to indicate proper spacing between persons.
27. Clergy and assistants are to remain at least 2 metres (6 feet) from each other and from the congregation during the entire liturgical service.

E. Entering and exiting the church

28. Entry to the church is provided through a single door of entry, taking into consideration access for the handicapped.
 29. A separate point of exit is to be used, where possible.
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30. Entrance and exit doors should be propped open, where possible, as people enter/exit so that the faithful need not touch the door handles or doors.
 31. The faithful are to be welcomed by a greeter/usher, who will:
 - 31.1. assist in staggering the time of their arrival and departure to ensure physical distancing of at least 2 metres (6 feet);
 - 31.2. check their name off the list of confirmed attendees;
 - 31.3. remind them of the requirement for physical distancing;
 - 31.4. remind them to sanitize their hands upon entry to and exit from the church; and
 - 31.5. remind the faithful that the veneration of icons, crosses, etc., should be done without touching or kissing them.
 32. Members of the same household may enter and exit together.
 33. Once the maximum permitted space has been reached, additional people are not permitted to enter the church building.
 34. People who simply show up must be turned away; however, they are to be informed of how they can register for another Divine Liturgy or liturgical service.
 35. The greeter/usher will dismiss the faithful by rows at the end of the liturgical service.
 36. There should be no social gatherings after the liturgical services. The faithful should promptly leave the church and parking lot upon the completion of the services.

F. Participating during Liturgical Services

Use of face masks

37. The faithful are encouraged to wear face masks, however, it is not required if physical distancing is maintained at all times.

Singing led by a single cantor

38. Congregational and choral (choir) singing is a high-risk activity and is not allowed because infected people can transmit the virus through their saliva or respiratory droplets.
39. Instead, the sung responses during the liturgical services may be led by a single cantor, while the faithful remain prayerfully silent.
40. A designated area, completely separated from the faithful, must be set aside for the cantor, as singing disperses droplets in a wider area than speaking.
41. Where the parish has chosen to recite the entire Divine Liturgy, the faithful may actively participate in the responses, provided that physical distancing is maintained.
42. Where the parish recites some parts of the Divine Liturgy and sings others, again, the sung parts are to be led by a single cantor, while the faithful remain prayerfully silent.

Collection

43. Rather than passing a collection basket hand-to-hand, a basket is to be placed at the front of the Church for the convenience of the faithful in making their financial contribution in support of the mission of the Church.
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Kiss of Peace

44. At the Kiss of Peace, the faithful can acknowledge each other with a simple bow and refrain from hand shaking altogether.

Distribution of Holy Communion

45. The priest is to wash his hands with soap and water or use hand sanitizer immediately before the preparation of the gifts of bread and wine prior to the celebration of the Divine Liturgy (Proskomedie).
 46. The priest prays the prayers of the Rite of Preparation (Proskomedie) silently so that droplets dispersed by speaking is avoided. Alternatively, the priest is to wear a mask. The priest is always must prepare a second chalice from which he will partake at communion.
 47. Once the gifts of bread and wine are transferred to the holy table (altar) at the Great Entrance, they are to remain completely covered with the veils until the consecration.
 48. During the consecration, when the gifts of bread and wine are uncovered, the priest is to step back from the holy table at least 2 metres (6 feet) and remains there until communion in order to avoid droplets being dispersed in speaking or singing the words of consecration.
 49. The priest again is to wash his hands with hand sanitizer immediately before the fraction of the Lamb and the placing of the consecrated particles into the chalice for distribution to the faithful.
 50. After the priest partakes of the precious Body of Christ in the usual way, he then partakes from the precious Blood of Christ from the chalice which has prepared for his own use.
 51. Where there are concelebrants, the priests receive the Eucharist by intinction, that is, they dip the precious Body of Christ into the separately prepared chalice for clergy, always being careful not to touch the precious Blood with their fingers. For this purpose, specially prepared longer particles (rectangular) can be used. Alternatively, the concelebrants are to receive the precious Blood of Christ from the individual chalices prepared for them.
 52. Only one priest should distribute Holy Communion to the entire congregation.
 53. The priest should wear a face mask when distributing the Eucharist. He silently prays the usual prayer, "The servant of God, [name], partakes of the precious, most holy and most pure Body and Blood of our Lord..." as each communicant approaches. This avoids the dispersion of any droplets by the priest.
 54. Holy Communion is to be distributed to the faithful at the usual time during the Divine Liturgy.
 55. The Eucharist is to be distributed with single-use disposable wooden spoons, which are to be burnt and properly disposed after usage.
 56. If the priest senses that his fingers have made contact with a person's mouth or hands, he should pause, place the chalice on the tetrapod, and use hand sanitizer to cleanse his hands prior to continuing to distribute the Eucharist.
 57. For people with celiac disease, a separate small chalice is to be prepared. The amount of wine used must be small enough for the communicant to drink it entirely.
 58. After everyone who wishes to approach to receive Holy Communion has done so, the priest is to recite the Prayer of Spiritual Communion, since not everyone may feel comfortable in approaching to receive the Eucharist at this time.
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59. All sacred vessels are to be thoroughly cleansed and purified with soap and hot water.

Cleaning and disinfecting the Church

60. Hand sanitizing should take place at the entrance of the church for those attending the Divine Liturgy and other liturgical services. Hand sanitizer must contain at least 60% alcohol.
61. A bottle of hand sanitizer, touched by many, should not be used. Instead, use an automatic dispenser or have an usher/greeter spray the hands of those entering and exiting the church.
62. Holy water fonts are to remain empty.
63. Personal protective practices are to be promoted (coughing and sneezing etiquette, hand hygiene).
64. Increased frequency of cleaning and disinfecting the church should take place, including surfaces that are touched often, including doors, railings, pews, common areas, washrooms*).
- 64.1. *Due to the need for strict cleaning and sanitizing, it is recommended that washrooms be closed or open with limited access and available for emergencies.
65. The church should be cleaned and disinfected between each service using accepted products and practices.
66. All Divine Liturgy books, hymnals, paper, and other items are to be removed from the pews for the protection of the faithful. People may bring their own Divine Liturgy books or download the Divine Liturgy text on their mobile device.
67. Individual church bulletins should not be distributed, unless they are handed out by an usher/greeter as parishioners enter the church.

Baptisms, weddings and funerals

68. The celebration of baptisms, weddings and funerals are permitted, while maintaining the precautions listed above.

Grave blessings

69. Grave-side blessings are permitted, while maintaining the precautions listed above.

Parish Pastoral Council meetings

70. Meetings of the parish pastoral council is permitted, again while maintaining the precautions listed above.
71. No coffee or socializing after meetings is allowed.
72. All other meetings are not permitted at this time, including bible study groups, youth groups, UCWLC, UCBC, and Knights of Columbus.

Financial Support

At this critical time, your financial support is greatly appreciated. Our eparchy and parishes continue to incur expenses as we strive to fulfill the mission which God has entrusted to the Church. Please contact your local parish as to how you can make a donation.

Stay safe and healthy

During the COVID-19 pandemic, the Government of British Columbia continues to ask each of us to stay safe and to continue acting responsibly to prevent the spread of the coronavirus.

The success of the British Columbia re-launch and the re-opening of Churches and the resumption of public liturgical services depends to a great extent on how closely we adhere to the provincial health regulations and church liturgical directives.

Together, our actions can make a difference in the lives of family, friends and strangers alike.

With gratitude for your patience and cooperation, I assure you that your well-being, both spiritual and physical, is of paramount importance as we take these initial steps to resume public participation in our liturgical services.

May the blessings of the All Holy Trinity be upon you and your family.

Bishop David

Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now, I place before You my whole life and hope, O loving Master;

and I ask, pray, and entreat You: Make me worthy to partake in a mystical way

and with a pure conscience of Your awesome and heavenly Mysteries:

for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit,

for the inheritance of the kingdom of heaven, for confidence before You,

and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You.

Permeate my soul and body, and never permit me to be separated from You. Amen.

Молитва духовного Причастя

Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарів!

Люблю Тебе над усе і моя душа тужить за Тобою.

Не можу зараз Тебе прийняти в Євхаристії,

тому хоча б духовно прийди до мого серця!

Запрошую Тебе, відчиняю навстіж двері мого серця,

здаючи Твої слова: «Ось стою під дверима і стукаю.

Якщо хто почує Мій голос і відчинить двері,

Я ввійду до нього, і буду вечеряти з ним, а він зі Мною».

Я весь єднаюся з Тобою. Ісусе, моє найвище Добро

і моя солодка Любова!

Торкнись мого серця і запали його,

щоб воно завжди палало любов'ю до Тебе! Амінь.
